

CERTIFICATE

OF PARTICIPATION

This is to certify that

Nosipho Mhlongo

Has successfully participated & completed the

13km Adventure Included: Modderfontein Trail Run

held at Modderfontein Reserve.

TIME 01:33:37

PACE 07:12/km

OVERALL 82 of 111

GENDER 30 of 48

40 - 49 9 of 13

28 April 2019, Sun

Date



BoutTime

Signature